

Forest Lake Breakfast Menu December 2023

Meal Price:

Paid: \$2.75

Adult Breakfast Meal: \$2.78+tax

More Info...



Daily Milk Offerings: 1% White, Fat Free White, Fat Free Chocolate (all antibiotic & hormone free)

Daily Fruit Offerings: Apple, Orange, Banana, 100% Apple Juice or 100% Fruit Punch


Please Note: (WG) denotes whole grain, (P) denotes item may contain pork

Grades K-12 are offer vs serve and must choose at least 3, up to 4, of the below mentioned items. One of the items must be a fruit.


- Grain (all grain offerings count as 2 items)
- Fruit (must pick 1)
- Milk (pick up to 1)

 Indicates a fresh produce.
 Denotes item prepared from scratch or speed scratch.


4

WG Mini Cinnamon or Strawberry Creamy Cheese Bagels
Assorted WG Cereal Bowls or Bars
Fruit of the Day 
Milk of the Day


5

WG Cinnamon Donut
Fruit of the Day 
Milk of the Day

6

WG Assorted Rice Krispy Cereal Bars
Assorted WG Pop Tarts
Fruit of the Day 
Milk of the Day

7

WG Assorted Muffins
Warm Cocoa Puff Soft Filled Pastry Bar
Fruit of the Day 
Milk of the Day


1

WG Pull Apart Cinnamon Roll
Assorted WG Cereal Bowls or Bars
Fruit of the Day 
Milk of the Day


8

WG Pull Apart Cinnamon Roll
Assorted WG Cereal Bowls or Bars
Fruit of the Day 
Milk of the Day


11

WG Mini Cinnamon or Strawberry Creamy Cheese Bagels
Assorted WG Cereal Bowls or Bars
Fruit of the Day 
Milk of the Day


12

WG Cinnamon Donut
Fruit of the Day 
Milk of the Day

13

WG Assorted Rice Krispy Cereal Bars
Assorted WG Pop Tarts
Fruit of the Day 
Milk of the Day


14

WG Assorted Muffins
Warm Cocoa Puff Soft Filled Pastry Bar
Fruit of the Day 
Milk of the Day


15

WG Pull Apart Cinnamon Roll
Assorted WG Cereal Bowls or Bars
Fruit of the Day 
Milk of the Day


18

WG Mini Cinnamon or Strawberry Creamy Cheese Bagels
Assorted WG Cereal Bowls or Bars
Fruit of the Day 
Milk of the Day


19

WG Cinnamon Donut
Fruit of the Day 
Milk of the Day

20

WG Assorted Rice Krispy Cereal Bars
Assorted WG Pop Tarts
Fruit of the Day 
Milk of the Day

21

WG Assorted Muffins
Warm Cocoa Puff Soft Filled Pastry Bar
Fruit of the Day 
Milk of the Day

22

WG Pull Apart Cinnamon Roll
Assorted WG Cereal Bowls or Bars
Fruit of the Day 
Milk of the Day

25

**No School
Holiday Recess**



26

**No School
Holiday Recess**



27

**No School
Holiday Recess**



28

**No School
Holiday Recess**



29

**No School
Holiday Recess**

